

When to see your **FCP**

- **First Contact Physiotherapists (FCPs)** are highly trained physiotherapists, usually based in GP surgeries.
- **FCPs** have extensive experience in the assessment and management of musculoskeletal conditions – such as back or neck pain – and see these patients without the need for a GP appointment.
- If you have bone, joint or muscle pain, you can see an **FCP**.

What to expect when you see your FCP

- Your **FCP** will assess and diagnose you.
- Give you expert advice on how best to manage your condition.
- Refer you onto a specialist service if necessary.

How do you book an appointment to see your FCP?

- Simply contact your GP practice and request an appointment to see the **FCP**. The reception team will check that you're suitable and book an appointment for you.